

## Mental health, substance misuse and homelessness in youths (15 to 30 years old): A better understanding for better interventions.

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Offered as part of the cross-training program aiming to improve the continuity of services and programs for youths, youths at risk for, and youths having concurrent mental health and substance use disorders.

### Cross-training: schedule and content (April, 9<sup>th</sup>, 2013 – 8:30 am to 4:30 pm)

- 8:30am-9:00am:** **Participant check-in** (entrance of the Douglas Hall).
- Coffee and assorted pastries in the basement.
- 9:00am-9:30am:** **Welcome speech** (Douglas Hall).
- Presentation of the cross-training project, instructions for the workshops and schedule for the day. **Michel Perreault**, Ph.D., Douglas Institute
  - **Lynne McVey**, Executive Director, Douglas Institute
- 9:30am-11:40am:** **Current state of knowledge and differentiation of evaluation methods.**
- General objective:** To create a better picture of the current situation and to better understand the evaluation methods and interventions for the youth and young adult level.
- 9:30am:* Homelessness and substance misuse among youths – the diversity of trajectories and reflections on the challenges for interventions.
- **Dr Elise Roy, MD, Director of Addiction Services, Research Chair on Addiction, Department of community health sciences, Sherbrooke University (Longueuil campus).**
- 10:25am-10:40am:* BREAK.
- 10:40am:* Cartographie des organismes desservant la clientèle itinérante de Montréal.
- **Guy Grenier, Ph.D., associé de recherche, Centre de recherche de l'Institut universitaire en santé mentale Douglas**
- 10:50am:* Homelessness and mental health: how to intervene?
- **Gilbert A. Tremblay, Psychologist, Planification, programmation and research agent, Direction des activités cliniques, du transfert des connaissances et de l'enseignement (DACTCE-Douglas Institute).**
- 11:40am-11:45am:** **Displacement to the workshops.**



**11:55am-13:00pm: Workshop - Sharing our expertise.**

Choice between a case studies based on an adolescent or young adult.

**Objective:** To better understand how to intervene, among the different resources present within the discussion group, with a clientele at risk or having concurrent mental disorders and substance abuse who are experiencing or who have experienced homelessness.

**1:00pm-1:20pm: Lunch (break).**

**1:20pm-2:30pm: Short presentations of innovative projects regarding homelessness.**

*1:20pm:*

L'Équipe itinérance de Trois-Rivières (ÉI3R).

- **Michel Simard, directeur général du centre d'hébergement d'urgence de Trois-Rivières (Le centre Le Havre), coordonnateur clinique de l'équipe mobile du projet équipe itinérance de Trois-Rivières (ÉI3R).**

*1:40pm:*

J'irai loin.

- **Nancie Martineau, consultante en insertion sociale au CSSS de Gatineau.**

*1:55pm:*

L'Équipe mobile de référence et d'intervention en itinérance (EMRII).

- **Sophie Bellemare, agente at the Service de police de la ville de Montréal (SPVM) and Nathalie Gallant, nurse at the Centre de santé et de services sociaux (CSSS) Jeanne-Mance.**

*2:10pm:*

The At Home Project; un toit, levier essentiel au rétablissement des personnes en situation d'itinérance ayant un problème de santé mentale.

- **Benoît Saint-Pierre, Coordonnateur Conseil des pairs et intervenant pair aidant**

**2:30pm-3:45pm: The salient facts from the discussion groups.**

*2:30pm:*

Trois-Rivières.

*2:50pm:*

Gatineau.

*3:05pm:*

Montréal : Anne Wittevrongel, psychologue, Institut Douglas.

*3:15pm:*

Montréal : Lise Durocher, conseillère cadre, Centre jeunesse de Montréal.

*3:25pm:*

Montréal : Anik Tremblay, conseillère promotion de la santé (programme dépendances), CSSS Ahuntsic Montréal-Nord.

*3:35pm:*

Montréal : Jean-Pierre Bonin, professeur, Université de Montréal.

**3:45pm-4:15pm: Review of the day.**

Some experts share their opinions on evaluation and intervention for youths at risk or having concurrent mental disorders and substance abuse who are experiencing or who have experienced homelessness.

*3:45pm:*

**Dr Elise Roy.**

*4:00pm:*

**Gilbert A. Tremblay.**

**4:15pm-4:30pm: Final Word and Acknowledgements.**