

## Cocaine, mental health and risk-taking: picture of the current situation and avenues for interventions.

A knowledge transfer activity offered as part of the COSMO project (directed by Dr. Elise Roy and Dr. Julie Bruneau, emerging research team on developing innovative approaches for HIV and Hepatitis C prevention among cocaine users having mental health issues).

### Schedule and content (April 9<sup>th</sup>, 2014 - 8:30 a.m. to 4:30 p.m.)

- 8:30am-9:00am:** **Participant check-in** (entrance of the Douglas Hall).  
Coffee and assorted pastries in the basement.
- 9:00am-9:15am:** **Welcome speech** (Douglas Hall).  
Michel Perreault, Ph.D, Douglas Institute; Élise Roy, M.D, Sherbrooke University.
- 9:15am-9:25am:** Development of the young adult (15-24 years old).  
**Nicole Perreault**, psychologist and advisor, planning and research, Montreal Public Health.
- Current state of knowledge and of the current situation.**  
General objective: To create a better picture of the current situation for cocaine users having mental health issues and to present the COSMO project's results and contributions (directed by Dr. Elise Roy and Dr. Julie Bruneau, emerging research team on developing innovative approaches for HIV and Hepatitis C prevention among cocaine users having mental health issues).
- 9:25am-10:25am:** Cocaine and its multiple facets.  
**Didier Jutras-Aswad**, M.D, CHUM.
- 10:25am-10:40am:** **Break.**
- 10:40am-11:15am:** Presentation of the COSMO project.  
**Élise Roy**, M.D, Sherbrooke University.
- 11:15am-11:35am:** **Discussions with the audience / Questions** (including interventions from Mauricie/Centre du Québec and Outaouais).
- 11:35am-11:45am:** Presentation of the focus group.  
**Magali Dufour**, Ph.D, Sherbrooke University.  
Presentation of the workshops.  
**Michel Perreault**, Ph.D, Douglas Institute.
- 11:45am-11:50am:** **Displacement/movement toward workshops.**
- 11:50am-12:10pm:** **Lunch break.**
- 12:10pm-1:40pm:** **Focus group – As part of the COSMO research project.**  
General objective: To have the point of view of the professionals that works with a clientele at risk for, or having concurrent mental health disorders and cocaine use.



- 12:10pm-1:40pm:** **Workshops - Sharing our expertise** (Choice between a «*young adult*» and an «*adult*» clinical case).  
General objective: To better understand how to intervene, among the different resources present within the discussion group, with a clientele at risk for, or having concurrent mental health disorders and cocaine use.
- 1:40pm-1:45pm:** **Return to the Douglas Hall.**
- 1:45pm-2:15pm:** Users' perspectives.  
**Karine Bertrand**, Ph.D, Sherbrooke University.
- Panel - Intervention: different perspectives.**  
General objective: According to their knowledge and expertise, specialists will reflect on the workshop group discussions and respond to the audience's questions regarding the evaluation and intervention for persons at risk for or having concurrent mental health disorders and cocaine use.
- 2:15pm-2:30pm:** **Nelson Arruda**, anthropologist, Sherbrooke University.
- 2:30pm-2:45pm:** **Florence Chanut**, M.D, Sacré-Cœur Hospital/ University of Montreal.
- 2:45pm-3:15pm:** La Maison Agnès.  
**Catherine Duplain**, clinical assistant, **Alexandre Dubois**, worker and **Yannick Demers**, social worker.
- 3:15pm-3:25pm:** **Discussions with the audience / Questions** (including interventions from Mauricie/Centre du Québec and Outaouais).
- 3:25pm-3:35pm:** **Review on the day from the discussions that took place in Mauricie/Centre du Québec region.**  
**Jean-Marc Ménard**, coordinator of professional services, Centre de réadaptation en dépendance Domrémy de la Mauricie/Centre du Québec.
- 3:35pm-3:45pm:** **Review on the day from the discussions that took place in Outaouais region.**  
**Jean Gagné**, chief of program administration, Adult mental health clinic, CSSS de Gatineau.
- 3:45pm-4:15pm:** **Review on the day.**  
General objective: An expert shares his opinion on evaluation and intervention for persons at risk for or having concurrent mental health disorders and cocaine use.  
**Didier Jutras-Aswad**, M.D, CHUM.
- 4:15pm-4:25pm:** **Conclusion and Cosmo project's continuation**  
**Élise Roy**, M.D, Sherbrooke University.
- 4:25pm-4:30pm:** **Final Word and Acknowledgements.**  
**Michel Perreault**, Ph.D, Douglas Institute.

