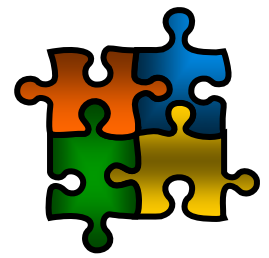


Eating disorders and substance use for youths (15-30 years old): Better understanding for better interventions.



Offered as part of the cross-training program aiming to improve the continuity of services and programs for youths, youths at risk for, and youths having concurrent mental health and substance use disorders.

Schedule and content of cross-training (November 23rd 2012)

- 8:30am-9:00am:** **Participant check-in** (entrance of the Douglas Hall).
• Coffee and assorted pastries in the basement
- 9:00am-9:30am:** **Welcome speech** (Douglas Hall).
• Presentation of the cross-training project, instructions for the workshops and schedule for the day. **Michel Perreault, Ph.D.,** Douglas Institute
- 9:30am-11:45am:** **Current state of knowledge and differentiation of symptoms.**
General objective: To become familiar with evaluation methods for symptoms at the youth and young adult level.
- 9:30am-10:30am:* Eating disorders: origins, signs and interventions.
○ **Dr Howard Steiger, Ph.D., Chief, Eating Disorders Program, Douglas Institute**
- 10:30am-10:45am:* BREAK
- 10:45am-11:45am:* Detection of substance abuse and intervention among persons having concurrent disorders.
○ **Dr Thomas Brown, Ph.D., Director and principal investigator, Addiction Research Program, Douglas Institute.**
- 11:45am-12:15pm:** **Lunch.**
- 12:15pm-1:30pm:** **Sharing our expertise.**
Workshops – Choice between a clinical case based on an adolescent or young adult
Objective: To better understand how to intervene with a clientele at risk or suffering from eating disorders symptoms and substance use among the different resources present within the discussion group.
- 1:30pm-1:45pm:** **The salient facts from the discussion groups.**
- 1:45pm-2:45pm:** **Intervention: Different perspectives** – Interactive panel.
Based on their knowledge and their experience, specialists will answer your questions regarding evaluation and intervention for youths at risk or having eating disorders symptoms with concurrent substance use.
- 2:45pm-3:15pm:** **Review of the day.**
An expert shares her opinion on evaluation and intervention for youths at risk or suffering from eating disorders symptoms and concurrent substance use.
○ **Dr Mimi Israël, psychiatrist and psychiatrist-in-Chief, Douglas Institute.**
- 3:15pm-3:30pm:** **Final Word and Acknowledgements.**