

Personality disorders and substance misuse in youths (15 to 30 years old): A better understanding for better interventions.

Offered as part of the cross-training program aiming to improve the continuity of services and programs for youths, youths at risk for, and youths having concurrent mental health and substance use disorders.

Cross-training: schedule and content (November 8th, 2013 - 8:30 a.m. to 4:00 p.m.)

- 8:30am-9:00am:** **Participant check-in** (entrance of the Douglas Hall).
• Coffee and assorted pastries in the basement.
- 9:00am-9:30am:** **Welcome speech** (Douglas Hall).
• Presentation of the cross-training program, instructions for the workshops and schedule for the day. **Michel Perreault**, Ph.D., psychologist and researcher, Douglas Institute.
• **Jean-Marc Ménard**, coordinator of professional services, Centre de réadaptation en dépendance Domrémy de la Mauricie/Centre du Québec.
• **Jean Gagné**, chief of program administration, Adult mental health clinic, CSSS de Gatineau.
• **Nicole Perreault**, psychologist and advisor. planning and research, Direction de la santé publique de Montréal.
- 9:30am-12:00am:** **Current state of knowledge and differentiation of evaluation methods.**
General objective: To create a better picture of the current situation and to better understand the evaluation methods and interventions for youths and young adults.
- 9:30am-10:30am:* *View on substance abuse and personality disorders*

• Jean-Sébastien Leblanc, D.Ps., and Caroline Audet, Ph.D., psychologists, General and Personality disorders team of the THAI clinic (Programme des troubles de l'humeur, d'anxiété et d'impulsivité), Douglas Institute.
- 10:30am-10:45am:* BREAK.
- 10:45am-11:30am:* *Personality disorders and substance abuse: Clinical issues and practices surrounding substance abuse; towards an integrated approach.*

• Sébastien Auger, social worker with a diploma of higher specialized studies in mental health, clinical coordinator, La Chrysalide maison d'hébergement communautaire en santé mentale.
- 11:30am-12:00pm:* Discussions with the audience / Questions.
- 12:00pm:** **Displacement/movement toward workshops.**



- 12:05pm-1:20pm:** **Workshops - Sharing our expertise.**
Choice between an *adolescent* or *young adult* clinical case.
Objective: To better understand how to intervene, among the different resources present within the discussion group, with a clientele at risk for, or having concurrent personality disorders and substance abuse.
- 1:20pm-1:50pm:** **Lunch (break).**
- 1:50pm-2:55pm:** **Panel - Intervention: different perspectives.**
According to their knowledge and expertise, specialists and a service user will reflect on the workshop group discussions and respond to your questions regarding the evaluation and intervention for persons at risk for or having symptoms of personality disorders and concurrent substance use.
- 1:50pm-2:00pm:* **Michel Perreault**, Ph.D., psychologist and researcher, Douglas Institute.
- 2:00pm-2:15pm:* **Solange Marchildon**, Ph.D., psychologist, General and Personality disorders team of the THAI clinic (Programme des troubles de l'humeur, d'anxiété et d'impulsivité), Douglas Institute and **Marc-André Sirois**, nurse clinician, Cormier-Lafontaine Clinic.
- 2:15pm-2:20pm:* **Anik Laverdure**, psychologist, Commission scolaire de la Pointe-de-l'Île.
- 2:20pm-2:30pm:* **Darlène Thévenin**, social worker, CSSS Ahuntsic et Montréal-Nord / CLSC Ahuntsic.
- 2:30pm-2:40pm:* **Audrey Jeanson**, Service user.
- 2:40pm-2:55pm:** Exchanges with the audience / Question period.
- 2:55pm-3:15pm:** **Summary of exchanges.**
- 2:55pm-3:00pm:* **Michel Perreault**, Ph.D., psychologist and researcher, Douglas Institute.
- 3:00pm-3:07pm:* **Jean-Marc Ménard**, coordinator of professional services, Centre de réadaptation en dépendance DomrémY de la Mauricie/Centre du Québec.
- 3:07pm-3:15pm:* **Jean Gagné**, chief of program administration, Adult mental health clinic, CSSS de Gatineau.
- 3:15pm-3:45pm:** *View on prevention.*
- **Patricia J. Conrod**, Ph.D., Associate researcher, Psychiatry, Research center of the CHU Ste-Justine / Université de Montréal.
- 3:45pm-4:00pm:** **Final Word and Acknowledgements.**