

# CROSS-TRAINING: EXCHANGE SESSION

## Vulnerabilities associated with aging: how to identify them and seek help

Friday, November 27, 2015

At the Douglas Mental Health University

### SCHEDULE FOR THE DAY

Animation by Michel Perreault, PhD

- 08 :30**     **Sign in and registration**  
Coffee and snacks
- 09 :00**     **Welcome speech**  
Michel Perreault, PhD, researcher, CIUSSS ODIM – Douglas  
Jean Gagné, Program administration chief, adult mental health clinic, CISSS Outaouais  
Jean-Marc Ménard, Professional services coordinator, CRD Domrémy, CIUSSS MCQ  
Najia Hachimi-Idrissi, director, mental health and dependence program, CIUSSS ODIM
- 09:30**     **Dementia, mental health and substance use disorders for the elderly : understanding and intervening**  
➤ **Dementia component (in French)**  
Dr. Nadine Larente, geriatrician, CIUSSS ODIM
- 10:00**     ➤ **Mental health component (in English)**  
**Aging and mental health, special challenges for the elderly**  
Dr. Maria Di Tomasso, MD FRCPC, medical chief, geriatric psychiatry, CIUSSS ODIM – Douglas
- 10:40**     **Break**
- 10:55**     ➤ **Substance use component (in French)**  
Lise Therrien, director of groupe Harmonie
- 11:45**     **Lunch and discussion groupe**
- 01:45**     **The offer of services for the elderly – mental health, dementia and substance abuse**  
➤ Carmen Deslauriers, liaison geriatric psychiatry outpatient clinic and memory clinic, CIUSSS ODIM – Douglas  
➤ Lydia Ingenito, assistant director of local services, continuum and adapted approach, CIUSSS ODIM  
➤ Anne Wittevrongel, psychologist, CIUSSS du Centre-Sud-de-l'île-de-Montréal – CRDM
- 02:35**     Break
- 02:45**     **Perspective of users and caregivers – Panel**  
➤ Animation by Carmen Desjardins, dementia and psychiatric comorbidity program, CIUSSS ODIM – Douglas
- 03:45**     **Review of the day**  
Patrick Murphy-Lavallée, director, Support for Elderly Autonomy (SAPA) program , CIUSSS ODIM
- 04:15**     **Final word and acknowledgements**
- 04:30**     End of day