

Centre intégré
universitaire de santé
et de services sociaux
du Centre-Sud-
de-l'Île-de-Montréal

Québec 

Intervention at the Centre jeunesse de Montréal* for adolescent drug use and abuse

* Youth program directorate

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Three levels of intervention

- **SCREENING** youths with alcohol and substance use problems (DEP-ADO)
- **REFERRING** youths with problematic substance use or addiction (red light) toward specialized addiction services by referring them to the substance abuse access mechanism for youths in Montreal (Mécanisme d'accès en toxicomanie pour les jeunes de Montréal - MATJM)
- **ACCOMPANYING** and providing support to youths with substance use which is considered at risk for becoming problematic (yellow light) and their parents
- Also **ACCOMPANYING** youths that have problematic consumption (red light) who are little or not at all motivated to receive specialized services in addiction or requiring heightened structure and support. An intervention in conjunction with specialized addiction services is also set in place.



Programs and tools at the CJM used for substance use and abuse

Information and intervention manual
"Drug use and abuse" (Guide toxico)

DEP-ADO
Screening tool

Program activity:
**"Discussion group
on drugs"**
yellow lights and red lights

Substance abuse access mechanism
for youths on the island of Montreal
MATJM /CRDM
Specialized services

Training program on the
Discussion group on drugs

Awareness day on the
use and abuse of drugs and alcohol

**Proximal support
structure**
- PPRA (APPR)
- Addiction support workers
- Addiction respondents
(program administrators and
clinical staff)

Photo-toxico
tool

Photo-toxico Follow-up tool

First and last name of youth	Age	Administration		Color of light		Our mandate			Motivation for evaluation		Administration of IGT CRDM			Recommendations				ACTIONS TO TAKE		
		Date	Result (number)	Green non-users	Green (0 to 13)	Yellow (14 to 19)	Red (20 and +)	Educate	Accompany	Refer to the MATJM	Yes (Y)	No (N)	Date	Internal	CRDM-IU	Internal service	External service		Service obtained	Service in progress
Jean Junior St-Jean (fictitious name)	15	05-04-16	14			X		X		n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	Participation in the discussion group on drugs OR use of the Individual information and intervention manual
Michel Perreault (inspired name)	16	05-01-16	23			X		X	X			19-01-16	X			X		X		Support Michel in his process involving the specialized partner resource (CRDM).

Winning conditions

- A referral procedure to the MATJM and a specialized service offer in addiction were developed in collaboration with the CRDM.
- A mechanism for follow-ups grouping together all partners of the MATJM was established in partnership with the CRDM and with a clinical committee and a steering committee.
- The service offer in addiction benefits from an internal proximal support structure, namely with an addiction respondent in each team and addiction support persons.
- Training programs are offered to professionals and are available annually.

Winning conditions

- Screening intervention is integrated in the clinical process and the administration of the DEP-ADO is systematically used for all youths involved in substance use.
- The *photo-toxico* follow-up tool ensures that each youth receives services depending on his or her needs.
- Accompaniment tools are adapted for individual and group intervention.
- An evaluation process of the *Discussion group on drugs* program is currently being conducted with the Université de Montréal (Jean-Sébastien Fallu) and Boscoville, which will help to enhance the program.

Thank you!